

Northern Star Quilters Guild Face Mask Information

We are hearing that many of you are making face masks to donate to health care workers. It would be interesting to get an idea of how many masks the Guild ends up making. Susan Fasnacht has volunteered to try and keep track of how industrious we all are.

If you are passing the masks on to another guild member who will then be donating them elsewhere for the group, please get one person from that group to send Susan the mask total once the masks have actually been given away so we don't have confusing double counting.

Send Susan an email letting her know how many you made and who you gave them to at activities@northernstarquilters.com.

Thank you and hope you are all healthy and busy sewing away.

By now, we have all probably received numerous emails about making and donating face masks. If it involves fabric and sewing, we're on it!

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The information here comes from various sources, hopefully correct, but things change. Making a mask is one thing, getting it to where it's needed is another. Please confirm with any hospitals that they are accepting homemade masks before giving them.

If you are making masks and need a donation location: locally the **North Salem Volunteer Ambulance Corps** (where Comfort Quilts meets) has requested masks, they are assisting with at area nursing homes along with other corona related activities.

Put the washed masks in a plastic bag and mail or drop off by the door:

North Salem Ambulance Corps, attn. Kurt Guldan

14 Daniel Road

North Salem, NY 10560

or Kurt can arrange to pick them up, call or text him at **914-403-0704**.

In addition, various guild members are collecting masks to donate via medical family or friends, check around for that.

Joann's Fabric and some other stores have said they are collecting masks but it's uncertain how that works.

Many of the local quilt shops have posted mask making and donation information.

Please be aware that these are NOT the equivalent of N95 or surgical masks and are more effective at keeping germs contained than keeping germs away. But something is generally better than nothing.

There are tutorials all over the internet on making masks. What makes a mask effective is not just what it can block, but also how breathable and comfortable it is. A good fabric is a tight weave cotton. There are two main styles, pleated and shaped. Some are more complicated, some involve an insert pocket to allow for an additional nonwoven filter to increase effectiveness, some add a shaping wire. Fabric ties as well as elastic may be used for fasteners. Different groups may have different requests. Feel free to follow whichever set of directions work for you.

Some patterns and information: (or just search on 'diy face masks')

<https://youtu.be/4kwFaRFHKhY>

<https://www.facebook.com/sewingseedsofluv/videos/242253087175198/?vh=e&d=n>

<https://gritman.org/community-sews-seeds-of-love-for-frontline-health-care-workers/>

<https://www.sewcanshe.com/blog/5-free-diy-face-mask-tutorials-using-fabric>

https://www.phoebehealth.com/media/file/PatientsVisitors/MaskProductionInstructions_Revised3-20-2020.pdf

<https://www.craftpassion.com/face-mask-sewing-pattern/>

<https://www.instructables.com/id/DIY-Cloth-Face-Mask/>

<https://smartairfilters.com/en/blog/best-materials-make-diy-face-mask-virus/>

<https://hackaday.com/2020/03/18/homemade-masks-in-a-time-of-shortage/>

<https://int.nyt.com/data/documenthelper/6860-printable-face-mask-tutorial/ded6e67bb78f2599a7ff/optimized/full.pdf?referringSource=articleShare#page=1>

<https://int.nyt.com/data/documenthelper/6860-printable-face-mask-tutorial/ded6e67bb78f2599a7ff/optimized/full.pdf?referringSource=articleShare#page=1>



Some samples, there are many variations: Pleated Mask, Shaped Mask (optional insert+wire), Shaped Mask Cover